

January; the month of new beginnings and fresh starts.

2024 has officially begun! As we look forward to the year ahead, the first month saw us attending conferences, visiting police stations and the start of pioneering work trials for our Down's Syndrome community.

Who said anything about January blues?

PROJECT | 21

CAMBRIDGE | ESSEX | SUFFOLK

NEWSLETTER | January 2024

Andreas is the first Project 21 member to start a pioneering new work trial. We're working alongside Sizewell C to create meaningful employment for people with Down's Syndrome, which includes paid work. Andreas' work experience placement starts by welcoming guests at the Visitor Centre for the next few weeks. We are very excited to see how these trials develop and change future prospects for our community.

Good luck, Andreas!



Wheels are in motion for our very own minibus...

We've raised a phenomenal £4,733 so far! Help us reach our target by World Down's Syndrome Day (21st March) by scanning the QR code. Every donation - great or small - gets us a step closer.

Project 21's minibus fund
SCAN HERE



Our fabulous dance team (Beth, Ellen, Evie & Zoe) have choreographed the next flash mob! In celebration of World Down's Syndrome Day, Project 21 will be taking over Colchester with their energetic, heartfelt medley.

If you have Down's Syndrome and are available on Sunday 24th March 2024, come and join us! Email info@project21uk.com for more information and register your interest



WSDS Flash mob in Cambridge '23



Culture Club!

This term's theme is fundraising- with our eyes firmly on the minibus prize! Inbetween fundraising antics, Culture Club found time to squeeze in the following this month:

- Martlesham Leisure wellbeing day
- Visit to the Food Museum, Stowmarket
- Active day at Kingfisher Leisure, Sudbury
- Tour of Colchester Police station
- Creative music sound session

If you think this sounds like fun and you're aged 16yrs+ with Down's Syndrome, join us! Email info@project21uk.com to find out more

Saturday Juniors

Introducing our new Saturday class...

Saturday Juniors is a fun, supportive dance class designed to get younger ones with DS moving! This group provides a support network for all parents and/or carers whilst being active and meeting like-minded friends on a Saturday morning.

Saturdays, 9-10am @ Stanway Lakelands Community Centre, Colchester



Diary dates

- Colchester 21 Club - 7th & 21st January @ Balkerne Gate Table Table pub (7-9pm).
- Bury 21 Club - 8th & 22nd January @ Rushbrooke Arms pub (6.30-8.30pm)
- Sat 24th Feb- spotlight21 trip to see Moulin Rouge in London (matinee performance during Feb half term)
- Sun 24th Feb- WSDS flash mob in Colchester
- Tues 27th Feb- Culture Club Colchester fundraising event @ Stanway Lakelands Community Centre (Afternoon tea)
- Sat 16th March- Project 21 Charity fundraising Ball
- Wed 20th March- Culture Club Ipswich fundraising event @ Martlesham Community Centre (Live show!)



Shellie, Nikki & Alex



Nikki, Alex, Tyler & Jess

SEND 
Forward

Project 21 was invited by Shorefields school to attend their SEND Forward transitions conference at Colchester Rugby Club. It was a brilliant day networking with other Essex based provisions, meeting new people as well as seeing many familiar faces! Huge thanks to Peter Norfolk for his tireless efforts making this event such a huge success. Peter's drive and ambition to open opportunities to those leaving school is truly admirable, and we are very fortunate to have his support.

Get in touch

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