

PROJECT|21

CAMBRIDGE | ESSEX | SUFFOLK

NEWSLETTER | APRIL/MAY 2024



Culture Club

As we leave winter behind (hopefully!) the arrival of Spring brought fresh opportunities and experiences to Project21. A sports day at an RAF base, a holiday to Norfolk and exciting discoveries closer to home in our local counties. We really enjoy exploring new areas and places, whether these are far or nearby. Read on to hear all about our April and May charity antics...



As we approach summer, Culture Club has been able to explore even more of the beautiful Suffolk & Essex counties! Explorations included;

- Jean's Craft Room, Colchester
- Sailing at Alton Water (Woolverstone Project)
- Film project @ Signals Colchester
- Wellbeing day at Martlesham Leisure
- Wolsey Theatre trip to see Moby Dick
- Team building session @ DanceEast



Wells-next-the-Sea!

We had a wonderful four-day trip to Norfolk during the Easter holidays, staying in beautiful Wells-Next-the-Sea with our family of 30 for the week. We explored Norwich city, went clubbing with friends, had multiple trips to the seaside and theatre, made pizzas and of course, a lot of coach karaoke...

We already can't wait for our next two holidays coming up in the summer!

During the Easter break, Project21 hosted four transition meetings, inviting families with members aged 16yrs+ to access bespoke workshop presentations. These sessions gave families support and practical advice on the options open to their loved ones post-16. Huge thanks to Kate Chate (Dimensions), Wendy Burt & Paula Strike (Essex Carers Network) for joining us as guest speakers, sharing their wealth of knowledge and advice to help others on their journeys.



RAF Mildenhall - May '24



Joan Mann Special sports day

On Thursday 9th May, Spotlight21 Bury were invited to RAF Mildenhall for a very special event. The Joan Mann special sports day was celebrating it's 42nd anniversary, bringing together hundreds of people in the community for an accessible, inclusive day of sporting fun. It was a truly phenomenal occasion, featuring the American national anthem to start and a fabulous BBQ lunch! The athletes wore their medals with pride, and we can't thank the RAF Mildenhall base team enough for their warm hospitality. Lewis even managed to win an award for "Best Dancer", convincing the American General to join him for the celebration...



Drama Club

The curtain went up on our brand-new Saturday drama club! Students can become a triple threat with singing, dancing and acting in this fun, sociable weekend club. We are also loving our new home at DanceEast on Saturdays! Join us;

- 10.30am-12.30pm- Dance class
- 12.30-1.30pm- lunch
- 1.30-3pm- Drama club

Want to know more? Get in touch;
www.project21uk.com/contact



Get in touch

www.project21uk.com
info@project21uk.com



@project21uk



JustGiving



www.justgiving.com/project-21